

## VIVEKANANDA PAATHSHALA

SEPTEMBER 2023

The month of September was filled with a lot of new information for the students of Vivekananda Paathshala. With exams approaching the teachers also guided the students on how to remain calm and manage their time.



When it comes to educating children about personal safety, it can be challenging for parents and other carers to know where to start. Teaching children what to do if someone tries to touch them inappropriately can be particularly challenging. **JKPS keeps in mind to incorporate the goal of achieving good health and well-being for our students and that is why our special educator took a session on good and bad touch with the Vivekananda Paathshala children.** The session included educating students about their bodies and types of touches. They were also informed about the people they could reach out to in case of any problem.





**JKPS always incorporates Sustainable goals of Development while planning its curriculum and activities.**

So, it was important to teach the students about Sustainable development. A session was conducted to brief the students about its meaning. Discussion was carried out regarding the practices that could be adopted by us and how the students can educate others regarding this. Students learned how to save resources and use them efficiently. They were encouraged to keep the environment pollution-free and lead a healthy lifestyle.

With the onset of Term 1 Examinations, a few relaxation techniques, including box breathing and grounding, were introduced to the class. Students put into practise a variety of stress-reduction techniques that can be employed regularly.

This would help them to maintain a stress-free lifestyle.



The students were introduced to Tenses with the help of a story about a monarch. This provided a context to students for understanding tenses and its usage. Tenses being the basis for English Grammar, needs to be taught in an interesting way so that the students can grasp the concept and use it while using language. The children enjoyed the storytelling session and answered the questions thoughtfully.



A craft session was organised for the students, where they learned the productive use of waste material. They had an engaging and interactive session. The children made beautiful things and participated with full energy and enthusiasm.



Students at Vivekananda Paathshala also enjoyed celebrating birthdays with their friends. Along with the distribution of refreshments, the cake-cutting ritual was held. Students happily danced with one another and enjoyed their time at JKPS.